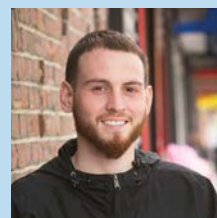
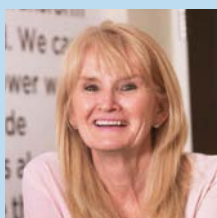


ANNA MARIA

ALUMNI MAGAZINE | SUMMER 2019



FOUR ALUMNI CHANGING THE
WAY OUR COMMUNITY DEALS
WITH THE OPIOID CRISIS



We couldn't have done
it without you!



DAY *of* GIVING 2019

was a **huge SUCCESS!**

Every day, people like you play an important role in creating the **Anna Maria experience**. With your help, we surpassed our **Day of Giving** goal of 424 donors; alumni, students, parents, grandparents, friends, faculty, and staff came **together** and made the day a **success**.



The inaugural Day of Giving was held in commemoration of the 210th birthday of the Foundress of the Sisters of Saint Anne, Blessed Marie Anne Blondin.

Because of your support . . .

\$29,401 + \$50,000 = \$79,401

TOTAL AMOUNT
RAISED

TOTAL FROM
CHALLENGERS

DAY OF GIVING
GRAND TOTAL

438

TOTAL
NUMBER
OF DONORS

120

CURRENT-
STUDENT
DONORS

Riga, Latvia

FARTHEST POINT
FROM WHICH A
GIFT WAS MADE

ANNA MARIA

ALUMNI MAGAZINE

SUMMER 2019

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PRESIDENT'S MESSAGE



**"THE WORLD NEEDS
THE WORK OF OUR
STUDENTS AND ALUMNI
AS THEY SHAPE OUR
COMMUNITIES INTO
ASPIRATIONAL AND
POSITIVE INFLUENCERS."**

Our Foundation is Sound. Our Future is Bright.

This year has been a high-profile one for higher education, with admission scandals, mergers and closings, relentless media coverage, and political platforms ranging from "free tuition" to "tax scholarship aid." In the last *Alumni Magazine*, I explained the framework of Anna Maria's strategic plan. I also promised to stay consistent with our mission and values and strengthen the institution in order to counter the very issues, mentioned above, that could undermine our College. With unwavering help from faculty and staff and the fully engaged and knowledgeable Board of Trustees, I'm delighted to be able to assure you of the sound foundation on which we're building as we head into our next academic year.

One sign of our sure footing is the growth we're experiencing in undergraduate enrollment. That growth is attributable to highlighting what we do well: As a Catholic institution inspired by the Sisters of St. Anne, we educate students who will transform their world as ethical leaders and community-oriented professionals. That success has been our hallmark for nearly 75 years and continues to inform our decisions and priorities.

With this growth comes considerable demand on academic and athletic facilities, programs, internship and clinical sites, housing and dining choices, and technology. We're meeting these demands with new and renovated buildings, partnerships at all levels of professional organizations, endowment growth, foundation gifts that support our operations, and, of course, alumni generosity and commitment.

You may have responded to the College's outreach by attending an alumni-hosted event in your area, contributing to our very successful Day of Giving, cheering at an Anna Maria athletic event, or attending your reunion celebration. Whatever your participation,

I hope you witnessed the spirit of our students as they seek value in their academic pursuits and personal fulfillment.

Our confidence is strong, but your voice and your involvement are important for us to sustain our position in this always-changing society. Now more than ever, the world needs the work of our students and alumni as they shape our communities into aspirational and positive influencers.

The *Alumni Magazine* showcases what some of our alumni have accomplished, and in this issue you'll also read about how we're setting the course for future success, staying true to our service-oriented values, and enhancing the campus for our students and College growth.

In the pages that follow, see for yourself all you committed to when you joined the family of this great College.

As alumni, you each have an understanding of Anna Maria founded in your personal experiences with the College and your affection for and loyalty to your alma mater. In the years ahead, we are dedicated to advancing our College in ways that continue to achieve our common mission. Great strides are already evident and with your support, more will follow.

We embark now on the next steps for the College and we seek ways to measure our value in how well we serve our students and our alumni, deliver our message with a clear and unified voice, and stay confident in the Anna Maria College mission.

A handwritten signature in black ink, reading "Mary Lou Retelle". The signature is fluid and cursive, with a large initial "M" and "L".

**MARY LOU RETELLE
PRESIDENT**

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Anna Maria
Confronts the
Opioid Crisis



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ON THE COVER

Michael Gorman '16 has been serving his community since he was a teenager. Read how he has continued his calling by supporting those in need.

PHOTO: PAUL SCHNAITTACHER

WE WANT TO HEAR FROM YOU

We have a lot to let you know about our campus and our alumni's accomplishments. Don't miss out on updates and events! Make sure we have your email address. Contact us at alumni@annamaria.edu or 508.849.3341.

22 Alumni Spotlight

"Anna Maria provides a solid liberal arts education with skills and strategies built into it to best prepare students for life beyond college."

—BARBARA LYMAN '69, TRUSTEE

STAY CONNECTED



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CAMPUS PRINCESS PROGRAM Student Organization of the Year

In October 2017, Alyssa Banks '21 established the Campus Princess Program, whose mission is to bring joy and happiness to children who are in treatment for serious illnesses. Members wear princess and super hero costumes and visit children in local hospitals, clinics, and cancer centers. The program was voted by students as *Organization of the Year* in both 2018 and 2019.

VIBES FASHION SHOW

Best Program of the Year

Students recently voted the VIBES Fashion Show (the name is an acronym for Vibrant, Intelligent, Bold, Energetic, Self) *Program of the Year*. The fashion show was the first of its kind on the Anna Maria campus in more than four years. On March 14, this entirely student-run event filled Zecco Auditorium and showcased some local entrepreneurs, among them designers, makeup artists, student models, dance groups, rappers, singers, and a DJ. The team of students who organized the event were Dolapo Sanni '19, Cheri-Ann Extra '19,

Deborah Joseph '19,
Derona Beckford '20,
and Theodora Jean '19.



Breaking Records and Barriers

Basketball player Bilqis Abdul-Qaadir holds the record for all-time leading scorer (male or female) in Massachusetts history. In 2010, she became the first woman in NCAA Division I to play while fully covered and wearing a hijab. Her dream to play professionally was delayed by the International Basketball Federation's rule banning the head covering. Through her efforts, the ban was overturned in May 2017. She finished up her college basketball career at Indiana State University, where she is currently a graduate assistant with Indiana State's women's basketball team and is completing her master's degree in coaching. Her story is inspiring.



Concerts and Performances at Home and Across the State

The Music Department put on more than 20 concerts, which included Handel's *Messiah*, featuring alumni singers, the chorus singing Britten's *Ceremony of Carols*, and the Wind Ensemble playing Alfred Burt's *Carols*. The choral ensembles were also invited to perform at Secretary of State William Galvin's Holiday Concert Series in the Boston Statehouse.

Spring-semester highlights include the Flute Choir participating in Worcester's Bach-a-Thon, the new Pep Band playing at a variety of sporting events, and the Chamber Choir embarking on its most ambitious program in the *Easter Concert: Music of American Composers*. The Music Department ended the year with performances for both Baccalaureate Mass and the graduation ceremony.



LITTLE SHOP OF HORRORS

An Homage with a Contemporary Twist

Our Drama Club is one of the biggest organizations on campus. Members this year presented three performances of *Little Shop of Horrors*. The classic musical, directed by Alyssa Sur, had a minimal cast who nonetheless sang and danced as they embodied the horror the play was emphasizing. The actors rehearsed and practiced with Sur and the music director, Eric Balboni '14, for four months to get the harmonies and choreography just right. The performances took place in Zecco on April 11-13 to enthralled audiences.



Senior Art Exhibition 2019



The Department of Art & Design presented two group installations in the 2019 Senior Art Exhibition. The work on display meshes with students and their respective majors, imparting a rhythm unique to the class, diverse in media and content. Every year, the College exhibits the art of graduating seniors as part of their capstone experience, which also incorporates a publication of their work and a related website. The exhibition exposes the College and the community to the range of contemporary art and ideas flowing from these students.

“Today you graduate as responsible, ethical, and service-oriented leaders. There’s a call for you in this ever-changing and complicated world. Embrace that call, as there’s a vital need for you to do something greater.”

—PRESIDENT MARY LOU RETELLE



Congrats to the Class of 2019!

On Saturday, May 11, Anna Maria College proudly held its 70th Commencement Exercises, under a bluebird sky in Worcester, with 190 exuberant undergraduate students holding brand-new bachelor degrees, along with 82 newly minted master’s-degree recipients, all exiting The Hanover Theatre and into their future.

“We’re so very proud of you and all of your accomplishments,” said President Mary Lou Retelle in her address. “We’ll miss the privilege of seeing your shining faces, hearing your laughter, and enjoying your company on a daily basis. As the newest members of our strong alumni network, we hope you’ll come back often so we can say with a knowing smile that ‘we knew you when!’”



2019 Social Work Conference

Every year, the conference, organized by students in Anna Maria’s Social Work Department, brings together social workers, doctors, other professionals, students, alumni, and the general public to discuss a pressing issue facing society. This year’s theme was “Cannabis in Our Communities,” and centered on the dramatic change in the cultivation and distribution of cannabis products along with the implications for our schools, the legal system, and medical and treatment facilities.

Guest speakers were James O’Day, Massachusetts State Representative; Chief Steve Sargent, of the Worcester Police Department; and Rob Pezzella, School Safety Director of the Worcester Public School District. The keynote address was delivered by Dr. John Kelly, founder and director of the Recovery Research Institute at Massachusetts General Hospital.

Improving Our Campus

The dirt is flying! The day after students departed for home, bulldozers and excavators descended on campus to begin work so we can accomplish as much of our renovations as possible before the start of the fall semester. From the second phase of the Campus Center renovations to the new turf fields, from Fuller Activities Center upgrades to the new fieldhouse, the campus is abuzz with activity.

Fuller Activities Center

Among improvements will be locker-room upgrades, new public restrooms, facilities for referees, and conference space, as well as all new fitness equipment.

AMCAT Field

The main game field had a new artificial-turf installed.



Bishop Flanagan Campus Center

In phase two, the main dining area, the President's dining area, and the Southeast dining area will be renovated from top to bottom: new ceilings, furniture, fireplaces, and wall and floor coverings. In addition, the Student Life offices will receive a complete makeover.

PHASE 2



SEATING CIRCLE



DINING AREA

New Fieldhouse

This indoor practice facility, with an artificial-turf field along with office spaces, locker rooms, and storage space, will open this academic year.



TURF FIELD



EXTERIOR

BY THE NUMBERS

ANNA MARIA COLLEGE

In 2018-2019 there were

1,548
TOTAL STUDENTS

756 & **792**
FEMALES MALES

Students came from

37
AMERICAN STATES AND
6
COUNTRIES

We're proud of our diverse
student community, which includes

52
VETERANS

278
NCAA ATHLETES

188
HONORS STUDENTS

6,254 hours!



Alternative Break Trips

In two weeklong trips, students serve others through hard work

4,536 hours



Day of Caring

All freshmen enjoy a morning volunteering in Worcester

786 hours



How to Let Love Bloom

Flowers are delivered to senior citizens on Valentine's Day

21 hours



Camp Sunshine

Students spend a weekend with children battling serious illness

504 hours

Weekly Service Opportunities Tutoring, Soup Kitchen, Animal Shelter, and more! **407 hours**



Making an Impact

In January, 14 students and two chaperones teamed up with *Vacations That Give* and *SBP* through the Campus Ministry office to lend a hand with hurricane relief in San Juan, Puerto Rico. Almost a year and a half after Hurricane Maria devastated the island, many people continue to struggle with severely damaged homes. This group of students eagerly signed on to be of service in any way they could during this weeklong trip.

Once they arrived, they received assignments to make serious repairs to two homes. Half of the group worked on a home for a grandmother and her two grandchildren who had been displaced since the hurricane struck. The second group worked on a home for an older woman who battles diabetes and ALS and requires a part-time caregiver. Among their tasks were to install, glue, and grout floor tiling; paint a bathroom and outside railings and doors; caulk siding; and frame and drywall two closets.

This was difficult work that required a lot of patience, especially in Puerto Rico's hot weather, but the students remained driven and enthusiastic the entire week. Ashley Garcia '22, described her experience: "Not only did I learn things I never thought I was capable of doing, but it also helped me reshape and redirect my path of wanting to give back in any way possible. No matter the color of our skin, the way we talk or walk, we're so similar, and coming together to serve people in need is what we should dedicate ourselves to."

Director of Campus Ministry Melissa LaNeve had similar sentiments. "I was able to see the students grow and stretch themselves in the work they were doing," she said. "They left knowing that they'd made an impact on many people's lives simply from offering one week of their own in service."



**PLEASE
WELCOME**

Melissa LaNeve

Melissa LaNeve earned a bachelor's degree in psychology with a minor in business from Stonehill College. After graduating, in 2013, she spent nine months volunteering as a youth minister and retreat team leader with SPIRITUS, in Wisconsin. It was at this time, she says, that she felt called to pursue a master's degree in theology, and in 2017, she graduated from the Theological Institute for the New Evangelization.

She's been at Anna Maria College for two years. Along with her position as director of Campus Ministry, she is the vice president of a Catholic young-adult, nonprofit organization, JESUS aCROSS the Border, which aims to unify all local Catholic young-adult groups and individuals by providing opportunities for 18-35-year-olds to form faithful and supportive friendships. She says she loves working at Anna Maria College, and finds the students to be incredibly inspiring.

Investing in Our Future Leaders

We're grateful to all of our donors — alumni, parents, trustees, friends, and foundations — who help to make Anna Maria thrive through their ongoing support. Below are a few of our most recent gifts from generous alumni and local foundations.

Newly Endowed Scholarships

THE JEAN (MERCIER) '64 AND BERNARD COONEY SCHOLARSHIP FUND

To support students with a major in education or special education; the major may also be in music education or music therapy, as well as art education or art therapy

THE JOSEPH AND JACQUELINE SHARRY AND BARBARA (GALLOW) LYMAN '69 ENDOWED SCHOLARSHIP FUND

Will be open to all first-generation Anna Maria students with a GPA of 3.0 or higher

THE RENA RICHARD '55 SCHOLARSHIP

To support students who have demonstrated financial need

Foundation Grants

BLANCHE M. WALSH CHARITY TRUST

\$3,000 to support student scholarships

DAVIS EDUCATIONAL FOUNDATION

\$115,960 Writing for Career course development

GEORGE F. AND SYBIL H. FULLER FOUNDATION

\$10,000 for student scholarships

GREATER WORCESTER COMMUNITY FOUNDATION

\$2,500 to support the OpporTUNEity Music Connections Program

TRUSTEES OF HIGHLAND STREET FOUNDATION

\$37,500 First-Year Student Persistence through Peer Mentoring

RELIANT FOUNDATION

\$30,000 to support the Opioid and Addiction Resource Center

SISTERS OF SAINT ANNE

\$44,000 to support the Esther's Dream Summer Bridge Program

To discuss how you can make an impact, please contact the Office of Institutional Advancement, at alumni@annamaria.edu, or call us at 508.849.3490.

INVESTING IN ANNA MARIA'S FUTURE

LEAVE YOUR LEGACY

"The deeper a tree sinks its roots into the soil, the greater its chances of growing, branching out, and bearing fruit."

—BLESSED MARIE ANNE BLONDIN



PLAN TO MAKE A DIFFERENCE

"As a daughter in a family of nine children, I was fortunate to attend college, especially a school like Anna Maria, where the faculty cared deeply about the success of their students."

"I have donated regularly to the Anna Maria Fund, since I have been able to financially share my blessings. Last year, I celebrated my 45th anniversary of graduating from Anna Maria College, so I decided to name the College in my Trust. The Christian environment and values of the College are so important for our future leaders, parents, and all students as they prepare to make a positive difference in the world."

—THERESA (EMMONS) JACKMAN '73 '78G PSYCHOLOGY

CONSIDER THE BENEFITS OF A PLANNED GIFT TO ANNA MARIA COLLEGE

To learn more about how a planned gift can meet your needs and support Anna Maria College after your lifetime, please contact Sharon Davenport, at sdavenport@annamaria.edu, or call 508.849.3490.

AMCATS Launch Ice Hockey Program



When Anna Maria College made the decision to invest in a new ice hockey program, Serge DeBari wasted no time in selecting the best coaches for the men's and women's teams: David McCauley, a veteran hockey coach at the club, high school, and collegiate level, was named head coach of the men's team and Mike Cox, a 25-year collegiate and high school hockey coach, was named head coach of the women's team.

Both McCauley and Cox knew the challenges of recruiting players for a brand-new program, and each has a uniquely successful approach to building a team and creating the chemistry that unites players. For the inaugural season, they recruited young American players from as far west as Alaska and internationally from Canada, France, and the Czech Republic.

"I look for hard workers who will be committed to the program and to developing their skills," says McCauley, "but I want good people who will represent not only men's ice hockey well, but also the College itself." McCauley says he feels strongly that his players are active participants on campus. They're volunteers, residence advisers, and scholars. "Watching the guys receive the Highest Team GPA Award this past spring was incredible," he says, smiling, "one of my finest memories of our first season."



"Team chemistry is vitally important, and though it can take time, my players bonded from the moment they set foot on campus," said Cox. "My strategy for recruiting has been to identify places where women are looking for opportunities to play ice hockey at the collegiate level but don't have them — places like Alaska, California, British Columbia, Montana, Minnesota, Ontario."

Cox at first sought players for what the team could accomplish in year one; recruiting for this second year has been much easier: "We now have an established program, with second-year players serving as ambassadors for the new recruits," he says. "It's exciting to see the team grow."

"Team chemistry is vitally important, and though it can take time, my players bonded from the moment they set foot on campus."

ATHLETICS SPOTLIGHT

Gabi Gibson '22
Position: Goaltender
Major: Education

"Our high school in Anchorage is actually pretty small, so when my coach told me about Anna Maria I was very interested. I had to decide whether I wanted to attend a small college or a big university and as soon as I got to campus, I knew Anna Maria was the right school for me."

Favorite memory: "Meeting my teammates for the first time. I could tell from the bond that we formed when we first arrived on campus that we'd become family. I love my teammates and would do anything for them!"

Jaiden Gibson '22
Position: Center
Major: Business

"When Coach McCauley recruited me, I was impressed by his vision and his experience as a coach and a player. Back home, I knew the elements of teammates' playing style because we'd been together, but it was much different when I got here. I like that our team has players from all over, both nationally and internationally. While we didn't know each other at first, we all knew some of the same people because hockey is like that; it's a community here."

Favorite memory: "Without a doubt, it was our first win against St. Michael's; to get that win so early in the season was very positive. We were psyched!"



Welcome Back, Joe!

"It's a great pleasure to welcome Joe Brady back to campus," said President Mary Lou Retelle. "Our institution and our athletic programs have grown a lot since Joe's earlier time here, as a student and as coach, but he'll surely recognize the strong enthusiasm that makes our AMCAT teams special. We're so glad that he has returned to Anna Maria and look forward to his leadership."

A 1996 graduate of the College, Joe Brady earned a degree in business administration with a concentration in management-information systems. He was a four-year letter winner in soccer and the sport's team captain, then spent five seasons at his alma mater as women's soccer coach and sports information director. He helped build AMCATS women's soccer into a conference power and regional contender. He was named the Commonwealth Coast Conference Coach of the Year in 1997, after the AMCATS women's soccer team won its first-ever CCC tournament and a school record of 17 games. The AMCATS appeared in three CCC tournament title games and made two ECAC tournament appearances during his five years at the helm.

"Joe Brady's expertise is a perfect match for our ever-expanding athletic program," says Serge DeBari, who retired as athletic director in June. "It was imperative that the next athletic director have the ability to continue our impressive growth. We're extremely pleased to welcome one of our own back home."

President Retelle expressed her gratitude to the former athletic director: "Serge DeBari has been a tireless leader on our campus and a mentor to all of our athletes," she said. "We're honored to have benefited from his wisdom and the insights he gleaned from more than forty years of experience as a coach and athletic administrator. I deeply respect his contributions to Anna Maria College and look forward to seeing him enjoy our sporting events as a spectator."



Joe Brady '96

NEWS FROM ANNA MARIA ATHLETICS



Field Hockey
has won the most championships for the school since 2000.



FEMALE ATHLETE OF THE YEAR

Ella Smith '20

took first in regionals in Walk, Trot, Canter and took third in zones—one step from Nationals. She was two points away from winning that event.

Mike Rapoza '19

sits eighth all-time in scoring with 1,352 points and first for the school with 981 rebounds.



Paul Schwarz '19 broke the NCAA record for the most saves in men's lacrosse and ended his career with 1,151; he broke the record with 1,132. Paul also earned a position on the New England Intercollegiate Lacrosse Association (NEILA) All-Star Team.

Women's basketball

Made it to the playoffs as the fifth seed—highest seed in school history.

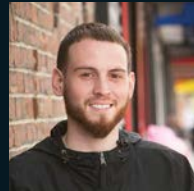
MALE ATHLETE OF THE YEAR

Brandon Pavoni '20

broke the school record for all-time points scored in men's lacrosse with 166. The previous record was 127. He also broke the record for the most goals in a career with 115, as the previous record was 96. And he still has one more year to go!



Part of the Solution



Four alumni changing the way our community deals with the opioid crisis

With opioid availability and access on the rise, drug-related deaths have reached epidemic proportions. According to the National Institute on Drug Abuse, in the United States more than 130 people each day die of an overdose, and millions more suffer from substance abuse. And although youth are most at risk, addiction can happen to anyone.



Anna Maria **Confronts** the Opioid Crisis

For Anna Maria College, this is not just a national crisis: It's a local call to action. In September 2017, Anna Maria convened a roundtable discussion on the issue of opioids in the community. The administration, led by President Mary Lou Retelle, invited lawmakers, public-safety officials, educators, and others to discuss their concerns and best practices for confronting what has become a public-health emergency. The conversation was frank and forward-thinking, underscoring the urgency of the crisis and the need for new paradigms to deal with it.

Action in the face of adversity comes naturally at Anna Maria, where service and a commitment to the greater good are the core of its mission. Since that roundtable, the College has developed courses related to addiction and recovery and created an addiction-studies minor for those interested in a deep understanding of, and response to, the problem. In addition, Anna Maria established the Licensed Alcohol and Drug Counselor graduate-certificate program and is accredited as an Addiction Education Provider through the Bureau of Substance Addiction Services. In April 2018, Anna Maria social-work students organized a conference to engage community stakeholders in a powerful, productive discussion about how to support — and, ideally, synthesize — a very siloed treatment system.

"Anna Maria is educating the next generation of social workers, nurses, psychologists, law-enforcement professionals, and paramedics and preparing them to work in the community, where they will all, at some point, encounter the addicted population," says Dr. James DiReda, associate professor in Anna Maria College's Bachelor of Social Work Program. "It's important to hear from

community agencies about how we can best prepare our students to intern or work for them, for a true partnership."

To that end, Anna Maria is establishing the Addiction and Recovery Resource Center and in late 2018 received a \$30,000 grant from the Reliant Foundation in support of this effort. "Anna Maria College is well positioned to be that place where students, faculty, public-health experts, and others can think and work collaboratively on effective ways to confront the crisis," says Dr. DiReda. Creating an environment in which students from all disciplines can learn, practice, and research issues around addiction is key to producing and preparing the professionals that agencies so desperately need.

"Our job is to train and empower students to become individuals who will transform their world as ethical leaders and community-oriented professionals," says Dr. DiReda.

Anna Maria's effort isn't limited to Central Massachusetts, or even to the United States. Dr. DiReda, coauthor of *The East Side of Addiction*, which details his own recovery, has been asked to share his expertise in the field of substance abuse and treatment with leaders in Albania, a small Mediterranean country with one of Europe's biggest drug problems.

When it comes to addiction and recovery, the goal is to raise awareness, diminish stigma, and move from "What can we do?" to "Here's what can be done."

On the pages that follow are just a few of the many remarkable ways in which Anna Maria College students past and present are working to address the escalating addiction crisis and effect lasting change.

Mental Health First Aid: Skills to Support Those in Crisis

Most people know what to do in a medical emergency — dial 911, start CPR — but what about a mental-health emergency? Often, it's difficult to know how to help someone experiencing this type of distress, or to identify the warning signs.

Mental Health First Aid is an international training program designed to demystify and destigmatize mental-health issues — substance abuse among them — in order to create safer, healthier, happier communities. “The idea behind the program is to make it as common a certification as regular first aid,” says Dr. John Pratico, director of psychology at Anna Maria College and the recipient of grant money from the Reliant Foundation to incorporate the training into AMC's curriculum and community initiatives.

Founded in Australia, Mental Health First Aid was introduced in the United States in 2008, and Dr. Pratico is one of the 1.5 million people who have completed the more-than-eight-hour training. He says he looks forward to teaching the skills to those who'd like to better understand and address mental-health concerns, professionals and laypeople alike.

“This is a program designed to give the average person accurate information about issues such as depression, anxiety, trauma, psychosis, and addiction,” he says, “with the goal being to help people in any field feel knowledgeable and comfortable when it comes to speaking about these tough topics.”

First up, says Dr. Pratico, we will be training new residence advisers over the summer.

In the meantime, he's developing a human development/human services course, called Interviewing Techniques, to be offered this fall.

Mental Health First Aid certification is part of the curriculum, which is designed to help students

learn to amass information, observe and interpret behavior, and communicate effectively. Also in the works are a graduate-

level class in crisis management that incorporates the Mental Health First Aid skills and a one-credit course, through the Fire Science program, that will be open to all students interested in public safety.

“As an instructor, I really value educational-training models that emphasize a skills-based approach,” says Dr. Pratico. “Mental Health First Aid gives students the ability to have difficult conversations in crisis situations. It's important for all of us to do what we can to understand and be able to appropriately address mental-health problems.”



DR. JOHN PRATICO
'09G PSYCHOLOGY



No One Is Immune

LAURA AMES '89G MS NURSING '93G MBA '12G CJ

With more than 20 years of leadership experience in healthcare, Laura Ames has had a front-row seat to the escalating drug epidemic. But when two years ago her daughter's dear friend overdosed and died, it compelled her to get more directly involved.

“It was devastating,” says Ames. “One day she was in recovery and the next day she used and she died.” In February 2018, Ames became the CEO of Recovery Centers of America, Danvers, a 200-bed treatment center where she oversees day-to-day operations and helps addicts get on the road to recovery. “My primary goal is and always has been to care for the sick, and that includes those suffering from the terrible disease of addiction,” she says.

Before joining RCA, Ames was CEO of HealthSouth New England Rehabilitation Hospital, in Woburn, and held executive positions at Arbour Hospital, Health Partners New England, Wingate Healthcare, and Spectrum Health Care Systems, among others.

In fall 2017, Ames took part in Anna Maria's first community convening on the issue. “There were lots of us around the table asking ‘How can we educate people?’ and ‘Who can help us?’” she says.

At a time when a bag of heroin costs less than a six-pack of beer and street drugs are routinely laced with opiates, it's getting more difficult for substance-abuse agencies to keep pace with the problem, and people working in the field are at risk of burning out. That's why it's more important than ever, says Ames, to fortify the workforce — and she applauds Anna Maria for taking a lead when it comes to empowering and engaging young people. “This is an issue affecting us all,” she says. “It's literally a matter of life and death.”

And, Ames notes, it's not uncommon for those who do get into recovery to turn around and help. “I read a powerful quote the other day: ‘Don't judge the addict, because the addict might one day be the one helping your child stay clean and sober.’”



Just a **Normal Girl**

CARLY D'AMATO '19

Carly D'Amato knows all too well that addiction doesn't discriminate based on such factors as gender and socioeconomic status. "I went from being a happy, healthy girl from the suburbs to a homeless heroin addict," she says. Carly is an Anna Maria College student in recovery since March 2018.

The day of her high school graduation, after months of chaos and heartache, Carly's parents gave her an ultimatum: Get help or get out. She went to Florida to seek treatment but before long was actively using and on the streets. Two years later, Carly returned home to Uxbridge, Mass., where she struggled to stay sober until a chance meeting with a former teacher turned things around: He suggested she apply to Anna Maria, where Carly has found community, stability, and a purpose.

"The opportunity to go back to school came at a time when I needed it the most," says Carly. "Anna Maria has helped me grow as a person and realize that I want to use my experience to help others struggling with substance abuse."

Now 23, Carly is looking ahead to life after Anna Maria and plans to get a master's degree in psychology and licensed mental health counseling. In the meanwhile, she's pursuing the training and testing required to become a licensed alcohol and drug counselor and says she hopes to put her experience to work assisting at a substance abuse treatment center; down the road, her goal is a PhD and private practice. Now, she attends and volunteers at Narcotics Anonymous meetings, and credits her communities at Anna Maria and church for helping her to maintain her recovery.

"I'm incredibly blessed to be alive and am so grateful to have gotten to where I am today," she says. "My teachers at Anna Maria have helped me position myself perfectly to meet my personal and professional goals."

But, says Carly, it's not always easy. "By the grace of God I have a strong support network to fall back on when I have bad days or feel I'm struggling more than usual." One thing that helps, she says, is knowing how important it is to use her experience to help others and combat the stigma that goes along with substance abuse.

"Recovery is possible," says Carly. "We don't have to keep losing so many people to the disease of addiction."

Compassion Is Key



NANA OWUSU '16 '19G MSW

When she was an undergraduate at Anna Maria, Nana Owusu's classes varied but one message was consistent: Sometimes we're the very change the world needs. It's a message she takes to heart every day in her work at Spectrum Health Systems, an addiction treatment center with facilities statewide.

In her work with clients, Nana has come to appreciate the complexity of the disease. "Addicts are people who are trying with all their heart to change," she says, "but feel powerless. What they really need is compassion and therapeutic support, as well as tools such as mindfulness that can help them regulate their emotions as they work to break down their brick walls, bit by bit."

Nana echoes what so many in the field know to be true: "Addiction doesn't pick and choose. The drug doesn't care about who you are and what you've achieved. It affects all kinds of people — doctors, lawyers, people with families, those who practice religion, people young and old. It's important to me that people understand that addiction isn't about bad choices. We all need to educate ourselves about addiction," she says, "because if we don't, how can we truly help?"

A native of Ghana, Nana learned about Anna Maria from her father, who earned his MBA from the College in the 1980s. She comes from a family of helpers — her parents are pastors and life always centered on the church, where "love thy neighbor as thyself" was the rule. This belief serves her well in her role as a support to those who are struggling. But Nana sees herself returning eventually to Ghana, where mental-health awareness and education is lagging.

"As professionals, it's important to see clients' perspective and not to shame them when they slip up, but to believe in them even when they don't believe in themselves," she says.

Nana's empathic nature shines through in her other job, in Anna Maria's Student Success Center, where she guides students and helps them connect with the resources they need to meet and exceed their academic goals. Nana has some academic goals of her own: This spring, she'll earn two master's degrees from Anna Maria, one in counseling psychology (LMHC) and the other an MBA with a concentration in health administration.

"There's so much suffering," she says. "I'm just trying to make a difference."

MICHAEL GORMAN '16

Michael Gorman, of Lawrence, Mass., enjoyed a lot of love and support growing up, but many of his friends weren't so lucky. So when he was 18, the summer before his first year at Anna Maria, he founded a program to provide a safe, supportive "second family" to those who need one most. What began as a small group of six, The Movement Family (TMF) has grown to more than 400 people in and around Michael's hometown — a testament to the universal desire for connection and the importance of community.

"Our model is to work from the inside out," says Michael, "so we spend time first on ourselves — setting goals, supporting each other, team building — and then turn our attention to the community and how we can engage and help those who are struggling." TMF's projects range from city-wide undertakings to small acts of kindness but they have in common a simple goal: to bring people together.

Addiction is one of TMF's key concentrations, along with homelessness and prostitution, and although there may be some overlaps, Michael is quick to add that addiction isn't a "street issue."

"It's a nasty disease," he says, "and there's still such a stigma, but the truth is that it can affect anyone."

Michael saw this up close as a social-work student at Anna Maria, when he interned at Motivating Youth Recovery, an inpatient treatment program for teens ages 13–18. After graduation, he worked at a detox center in Tewksbury and today runs groups for clients at a methadone clinic. "You're seeing people at a very difficult time in their lives — all the pain and discomfort they're experiencing as they try to get on track," he says. "It's an everyday battle not to use."

Michael embraces a helpful saying: Love the addict, hate the addiction. "Just because you're struggling," he says, "it doesn't make you any less human."

This perspective has served his TMF community well, and is undoubtedly a big reason why the program has been so successful. One of his most popular initiatives is a weekly dinner with the homeless, though TMF is in the process of securing a new location after being forced from its original spot, at a local bus station in Lawrence. This "family dinner," as it's called, provides food for more than 100 as well as clothing, games, and information about addiction and recovery programs — there's even a poetry table that invites people to discover, or rediscover, their own creativity.

It all comes back to an ability to see the person behind the problem, something that clearly comes naturally to Michael and has informed his life's work. He'll soon return to Anna Maria to earn his master's in social work while he continues his calling with underserved communities.

"I was taught as a kid that people may forget what you said and what you did, but they'll never forget how you made them feel," says Michael. "I think about how important that is, to be considerate of others, because the truth is that you never really know what someone is going through."



Making Change from the Inside Out

Serve & Protect

The title of this series of **alumni profiles** is Serve & Protect but it could just as easily be called **Profiles in Courage**. These three Anna Maria alums have in common a passion for criminal justice; **their journeys**, however, **are unique**. As a youth, one knew he'd be in the State Police one day; another was told he could pursue any career except law enforcement; and the third had a life-changing experience that left her with a dream she had to chase. Being a police officer isn't easy, but as you'll see in their profiles, these alumni believe that **law enforcement is an excellent career** and provides what the public deserves.

"To Be or Not to Be" Was Never a Question

Colonel Thomas J. Foley '78G CJ, '02H
Massachusetts State Police

A 24-year veteran of the Massachusetts State Police, Col. Thomas J. Foley spent the better part of his career dedicated to making the Commonwealth a wonderful place to live. Decorated for his exceptional service on the state, regional, and national levels, he will tell you that from the very beginning, that living a life in the service of others was in his blood.

"I grew up in a family of public servants, many of whom were firefighters," he says, "so it's safe to say that I was drawn to service early on. From a young age, I knew that the State Police was where I wanted to be."

In the mid-'70s, he attended Westfield State University, which offered a degree in criminal justice. He earned his bachelor's degree there, and after graduation worked as a correctional officer at Walpole Prison. On his two days off, he took classes at Anna Maria College to earn his graduate degree.

"Back in the day, Anna Maria was the only master's program for criminal justice and police science, and I felt then, as I do now, that continued education is the key to being successful. We live in a complex society and having those day-to-day educational and leadership experiences position you that much farther ahead of those who haven't had the benefit of that exposure."

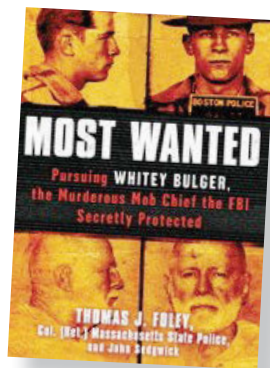
During his distinguished tenure with the State Police, he rose within the ranks to become the superintendent of the agency, which comprised almost 2,300 sworn officers, 416 civilians, and, at the time, a \$250M budget. He led the State Police and the Commonwealth.

Colonel Foley was appointed deputy commander of the Division of Investigative Services and was responsible for the oversight and supervision of the crime laboratory, crime-scene services, the polygraph unit, the cold-case squad, and the financial-crime unit. In addition, he played a key role in the 20-year pursuit of the notorious Boston gangster James "Whitey" Bulger. For his tireless work in the investigation, Col. Foley was the recipient of the U.S. Attorney General's Award for Exceptional Service.

The author of *Most Wanted: Pursuing Whitey Bulger, the Murderous Mob Chief the FBI Secretly Protected*, he wrote the book because there were too many embellished versions of the "take down" of Whitey Bulger. *Most Wanted* details his investigative efforts that resulted in the criminal convictions of six of Boston's most notorious criminals.

Last spring, in a lecture on Anna Maria's campus, he spoke to a crowded room about the high-profile nature of the investigation,

Former head of the Massachusetts State Police Col. Thomas J. Foley details his 20-year pursuit of the Boston gangster Whitey Bulger, and of his role in exposing the FBI's protection of Bulger's criminal empire.



its ups and downs, and how he came to work with one of the College's own: Dr. Ann Marie Mires. A forensic anthropologist, Dr. Mires was contacted by the Massachusetts State Police to help excavate, analyze, and provide expert courtroom testimony on six murder victims. Her testimony provided the forensic evidence to win the case against Bulger in the 2013 trial.

Answering questions after his talk, Col. Foley was asked if he had any advice to students pursuing a degree and subsequent career in criminal justice. He was quick to reply.

"Public service is a very rewarding career because you have the opportunity to do good things that positively impact lives in our communities," he told the audience.

His second piece of advice was this: "Education is very important; it will help you navigate through the challenges as they're presented. Your approach to these situations will make all the difference."

His third point: "Know that mistakes happen in every profession but you must be transparent about them, address the issues, fix them, and move on."

Retired from the Massachusetts State Police since 2004, Col. Foley has since served on the Governor's Council and was an adjunct professor of justice studies at Southern New Hampshire University. Currently, he's director of public safety at Elms College, in Chicopee, Mass.

As a lifelong public servant, he continues to deliver on his commitment to service and protecting the community from harm. And we can't thank him enough.

"I NEVER WANTED TO BECOME AN AUTHOR, AND I DIDN'T WRITE THE BOOK TO MAKE MONEY; I WROTE THE BOOK BECAUSE I WANTED TO SHARE THE REAL STORY OF HOW THE INVESTIGATION WAS CONDUCTED . . . IT EXPOSED THE NEED FOR CHANGE."





Be Willing to Learn and Willing to Work

**Chief Frank Frederickson '84G CJ
Yarmouth Police Department**

“My great-uncle was the first chief of police in Randolph, back in the 1920s, and he told the best stories. I remember that as a kid, I’d listen to him talk at length about trying to enforce Prohibition — about the rumrunners and the gangsters,” said Frank Frederickson, Chief of the Yarmouth Police Department. “I just loved it; his stories were so exciting.” The chief’s father was also in law enforcement, serving as a police officer in the same town.

But despite following two generations in law enforcement, Frederickson didn’t grow up thinking about treading that family path. In fact, his father told him that the one thing he didn’t want him to become was a police officer.

After high school graduation, Frederickson took night classes at Massasoit Community College while he was a computer operator by day — a job he says he hated. When the warm weather came, he decided to trade in his desk job in Newton for a summer job in Yarmouth, as a reserve officer with the Yarmouth Police Department.

To prepare, Frederickson went through just a one-week training session; he then received a police uniform, a reserve badge, and a firearm. “It was the best summer job I’d ever had,” he says, “not only because it was fun, but also because it kick-started the career I still love today. I went to Yarmouth for the summer and never came back.”

That fall, Frederickson began his academic journey in criminal justice as a full-time student at Cape Cod Community College. After graduation, he enrolled in Northeastern University and earned his bachelor’s degree. The decision to subsequently attend the graduate program at Anna Maria was an easy one for him.

“Getting my master’s in criminal justice made perfect sense because the faculty were (and still are) seasoned professionals who have worked in the system,” says Frederickson. “They used situational learning that really helped me see the big picture early on in my career. Cultivating the skill set and knowledge necessary to master the art of decision-making is equally important to developing your ability to work in a team and manage relationships.”

A member of the Yarmouth Police Department since 1977 and its chief of police since 2010, Frederickson says law enforcement is a great career, but it’s a lot more difficult than people realize. Borrowing some wisdom from his uncle Joe, Frederickson offers this advice: “Head into your career, but don’t think success will be handed to you; you have to be willing to learn and willing to work.”

As the chief, Frederickson makes training for his officers a priority. Much like the Fire Department, police officers have the ability to save a life, or to give a life. But occasionally policemen and -women must take a life to protect the safety of those they’re sworn to serve. The split-second decision-making that calls for such an action must be well informed and the correct response. “Education is incredibly important in every field, but especially in this line of work because things change so quickly,” he said. Training to become an expert isn’t easy, he says, and it isn’t inexpensive.

Enter *Stronger Shield*, the capital campaign of the Yarmouth Police Department Foundation, a privately managed organization that is separate from the police department itself.

When Officer Sean Gannon was tragically murdered last year, a wave of financial support came into the community and the foundation collected and managed it to help numerous initiatives, among them aid for the families of fallen officers. Understanding the need for officer training, the *Stronger Shield* is raising \$1.2M to construct the Sgt. Sean M. Gannon K-9/Police Officer Training Facility. Phase One, which has been completed, contains an interactive simulator designed to provide the realistic training and enhanced decision-making that officers in the field need. In the second phase of the campaign, the foundation is building a 4,000-square-foot house with movable walls and a K-9/police obstacle course.

“Most officers don’t fire their weapon often,” says Frederickson, “and as in any other field, repetition is essential to remain laser-sharp. This training facility is something that all police departments — bar none — should be outfitted with.”

The Yarmouth community is actively behind its police department and rallies quickly when the need arises. That’s exactly what happened after the loss of Officer Gannon and the wounding of Nero, his K-9 partner, who underwent emergency surgery to survive. “Having the community support has been critical to help us recover and advance; as I said before, the ability to build and manage relationships as well as work as a team is essential,” Frederickson says. “That’s one of the many things I learned at Anna Maria College.”

Recognized for leadership in community policing and as a strong advocate for criminal justice affairs, Chief Frederickson is also active in regional Chief of Police associations. He is the current president of the Cape and Island Police Chiefs Association and a president of the Southeastern Massachusetts Chiefs of Police Association; and he has long-term involvement with the Cape Cod Law Enforcement Council and the Massachusetts Chiefs of Police Association. Earlier this year, Frederickson joined the Executive Board of the New England Association of Chiefs of Police, an organization that recognizes the need to promote and maintain the highest level of professionalism in the field of enforcement. The group also works to achieve more cooperation from the public.

In short, Chief Frederickson walks the talk, but he’s not alone. Corey Frederickson, his son, is an officer with the Barnstable Police Department and the fourth generation to serve in law enforcement. And Chief Frederickson says he couldn’t be more proud.

Embracing Life as a Learning Experience

Tami Warner '19

Tami Warner has always dreamed of a career in forensics and crime-scene investigations. Now, said this 36-year-old mother of two as she crossed the Commencement stage as a decorated member of the Class of 2019: "I'm not your traditional undergraduate student."

Her journey to Commencement wasn't traditional, either. After serving in the U.S. Air Force for eight years, Tami knew that her military experiences would stay with her forever, but her perspective had drastically changed. "You learn quickly what really matters in life and what doesn't," she says.

Enlisting in the Air Force was easy; basic training, however, was anything but. "It was really difficult," Tami says, "but it taught me a lot about how hard work, resilience, and perseverance can pay off, and the people I met while in the service are people I'll be connected to forever."

While in the military, Tami spent five months at Kirkuk Air Base, in Iraq, during a period that saw the largest mass casualty rate. As a level E4 Senior Airman, Tami was the sole medical laboratory technician. One of her achievements was the establishment of a blood donor prescreening program to match need with blood type when the demand was immediate. Tragically, the program was put to the test often; wounded troops would be brought into the emergency room as Tami drew the matching blood type from donors she had prescreened through blood drives. In recognition of her creative thinking and lifesaving work, Tami was awarded an Air Force Achievement Medal.

Upon completion of her honorable service in the Air Force, Tami returned to civilian life and supported her family as a medical technologist; however, she never gave up on her dream. At age 34, Tami knew it was time to take the next step, and she applied to Anna Maria College for the fall 2017 semester.

"I chose Anna Maria because of the caliber of the degree programs I was focused on as well as the strength of its faculty and their networks," Tami says. "One day in the hallway, Professor Mike Stevens introduced me to Chief Thomas Ford, of the Sturbridge Police Department, and that meeting resulted in a part-time dispatch position. And Professor Ann Marie Mires helped me obtain a summer internship at the Worcester Crime Lab."

The insights the faculty bring into the classroom are a direct result of their vast experience in the field, she says.

At Anna Maria, Tami applied everything that she'd learned in the military about working hard, being resilient, and persevering. Maintaining a 4.0 average as a double major in forensic criminology and criminal justice, Tami was a force both in and out of the classroom. She held multiple internships at the Holden Police Department and the Worcester Police Department Crime Scene Unit, the Special Operations Unit, and the Mounted Unit. She also completed advanced emergency telecommunication training and worked for the Sturbridge Police Department in its communications center.

Mike Stevens, director of Criminal Justice and Online Programs, has high praise for her: "Tami is such an impressive young lady," he said. "We're all so proud of her. She's a good person, a hard worker, and a natural-born leader with an incredible future on her horizon."

As a scholar, Tami was recognized at the annual Academic Awards ceremony. She was also inducted into Delta Epsilon Sigma, the Catholic Honor Society; and Alpha Phi Sigma, the National Honor Society for Criminal Justice. In a separate ceremony, Tami was inducted into the National Society for Leadership and Success.

Now enrolled in Anna Maria's graduate program to pursue a master of science degree in criminal justice and a graduate certificate in forensic criminology, Tami's commitment to service as a single parent to her two young boys, a student, and a career professional exemplifies the values of the Sisters of St. Anne and the mission of the College.

"You must appreciate the people who help and encourage you," she says. "There's never a day when you can't create or accomplish a new goal. You have to embrace life as a learning experience."

**"IF YOU WANT TO
ACCOMPLISH
SOMETHING, YOU
NEED TO DO
SOMETHING ABOUT IT."**



Tami with
her two boys,
Commencement
2019

"I CHOSE ANNA MARIA BECAUSE OF THE CALIBER OF THE DEGREE PROGRAMS I WAS FOCUSED ON AS WELL AS THE STRENGTH OF ITS FACULTY AND THEIR NETWORKS."

small town

BIG DREAMS

STORY BY JENNIFER GOTTLIEB

The founding sisters of Anna Maria College had a vision: to provide an affordable Catholic education to first-generation college students to help make the seemingly impossible possible. The Sisters of Saint Anne's dream is alive and well, as AMC's abiding faith in people and purpose continues to lead young women and men to believe in themselves and heed their callings. On these pages, we're pleased to present two of countless stories of what can happen when aspiration and opportunity meet.

Brittany Cook '19

I come from a small town in Georgia and was the first in my family to graduate from high school, let alone attend college. I've always had big dreams and a desire to make a difference in people's lives. I chose Anna Maria for the psychology program, and because it felt personal and like home while offering lots of opportunities and potential for growth.

I thought about being a counselor, and although the classes were interesting, something was missing. Thanks to the nurturing atmosphere at the College, where faculty really get to know their students, I received the support I needed to find my passion. I took a screenwriting elective with Professor Travis Maruska, and that course instantly resonated with me. It was then that I knew what I wanted to do, which is to become a narrative designer — that is, to tell a story through media.

Anna Maria doesn't offer any media-related majors, but that didn't stop me — and the school encouraged me by providing the tools I needed to succeed in a self-designed major: media writing and communications. It follows the guidelines found for most communication degrees, but mine provides in-depth study in a unique concentration: writing for film, television, and even video games.

Through the College, I did an internship with a filming company in Worcester, which was an amazing experience, and I made many connections there. After graduation, I plan to go to Salt Lake City, where I'll be assisting a narrative team at a company called Avalanche, a branch of Warner Brothers Studios that specializes in game development.

My hope is to inspire others and affect lives by way of my art and creativity. This is my passion, and I appreciate and am humbled by the journey that helped me make my big dreams a reality.

WE'RE VERY EXCITED TO ANNOUNCE THE FOLLOWING NEW MAJORS: DIGITAL AND SOCIAL MEDIA DESIGN, GRAPHIC DESIGN, VIDEO AND PHOTOGRAPHIC ARTS. READ MORE ABOUT THEM AT ANNAMARIA.EDU.



Dr. Barbara (Gallow) Lyman '69, Trustee

As a young girl growing up on a small family farm in rural Louisiana, Barbara (Gallow) Lyman '69 wasn't certain how she would get to college, never mind pay for it once she got there. But Worcester native Fr. Neil Sullivan, a Josephite priest and mentor in the parish where Barbara went to elementary school, saw her potential — and a path forward in the form of a tuition scholarship to Anna Maria College.

To offset the cost of room and board, Anna Maria College arranged for Dr. Lyman to live with a family off-campus in exchange for some household help. When she arrived the summer before freshman year, her connection with Joe and Jackie Sharry and their 10 children was immediate, and what began as a temporary placement became a three-year arrangement.

"Thanks to the thoughtfulness and generosity of others, my life was forever changed," says Dr. Lyman, who with her husband, Ben, recently established the Joseph and Jacqueline Sharry and Barbara Gallow Lyman Endowed Scholarship. "This is my small way of giving back and honoring the Sharrys, who took such good care of me in every way and played a very valuable role in my life during an important time."

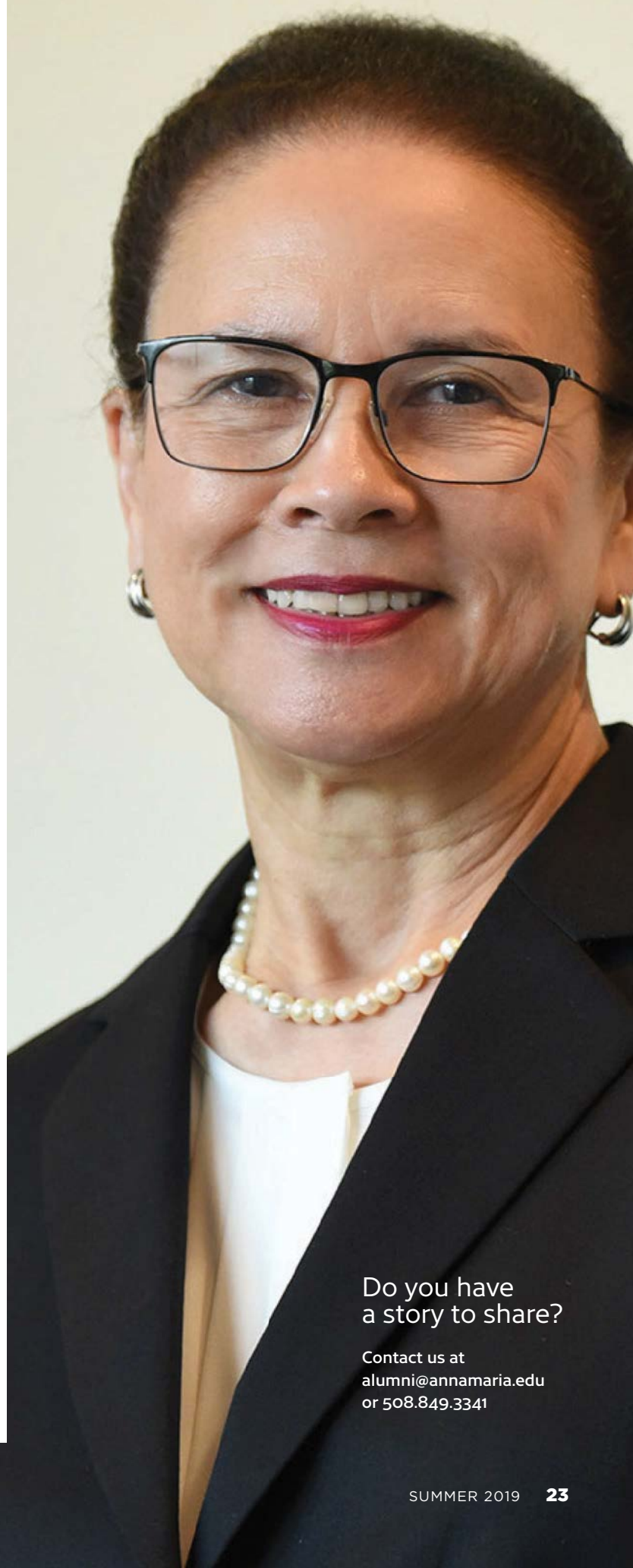
The scholarship fund was created with first-generation college students in mind who, like Dr. Lyman, may depend on additional financial support to make a successful transition to Anna Maria College. The first award will be made this fall in honor of her 50th Reunion celebration. "It's a huge undertaking for all students to adjust to the expectations that come with higher education and being away from home," says Dr. Lyman. "My hope is that this scholarship will open up opportunities and eliminate some obstacles for those who need it most."

Despite the difficulties of a rural upbringing with limited resources, Dr. Lyman always considered herself fortunate: "My teachers always believed in me," she says, "and challenged me to be the best student — and person — I could possibly be."

"High expectations, wonderful instruction, and enriching and collaborative experiences all combined for an extraordinary education in and out of the classroom," she says. "Anna Maria provides a solid liberal arts education with skills and strategies built into it to best prepare students for life beyond college."

After graduating from Anna Maria College, Dr. Lyman earned graduate degrees from Brandeis, Harvard, and Louisiana State and has worked in higher education for more than 40 years, primarily at public institutions, working to meet the educational needs of diverse populations. She is currently senior associate vice chancellor for academic and student affairs for Pennsylvania's State System of Higher Education. She has held leadership positions at Shippensburg University, the University of West Florida, and Texas State University, among others. Although Dr. Lyman's responsibilities have increased and evolved over time, one thing has remained constant: her service in pursuit of "light and truth."

"A good education illuminates life's complexities and enables greater understanding of our world as we experience it," she says. "Living with the Sharrys during my time at Anna Maria was one of the very best things ever to happen to me. They helped me so much. Now it's my turn to help others."



Do you have
a story to share?

Contact us at
alumni@annamaria.edu
or 508.849.3341



**Boston Reception
May 2018**

1. (l to r) Eric Boll '14 '18G, Ursula Arello '98G, Malik Griffith '18, Ivy Mamesah '18, Timothy O'Brien '96.

2. (l to r) Matthew Mitera '18, Suzy Pekar '18, Marianne (Curran) Girouard '67, and Roberta (Bobbie McCarty) O'Brien '57.

**Cape Cod Reception
August 2018**

3. Alumni and friends joined Chair of the Board of Trustees John J. Spillane, Esq. and President Mary Lou Retelle at the Hyannis Yacht Club in August.

**AMC Goes to Fenway
August 2018**

4. (l to r) Melissa (Missy Reynolds) Johnson '07 '15G with her husband, Kristian, and Anna Maria friends attending the Red Sox versus Tampa Bay Rays game.

**Athletic Hall of Fame
Induction, February 2019**

5. (l to r) Serge DeBari, former director of athletics, Jess (Haynes) Geoffroy '02, soccer and basketball, Katherine (Mungovan) Hurley '05, softball, Tara Nawrocki '97, basketball, Tim Benison '88, basketball, tennis, and soccer, Mike Ofcarcik '93 '01G, basketball, Mary Lou Retelle, President of the College.

**9th Annual Golf
Tournament June 2018**

6. (l to r) Bessie Hazard, Diana McGowan, Patricia Omara, and Claire Desisto

Homecoming 2018

7. Paul Jackson '21 ringing the bell.

8. Mounted Police with the Anna Maria cheerleaders at the Public Safety Fair.

9. Tom Angelo '90 and Bernard Lapierre '89 with their band, Roc-Kin-On.

10. Tailgating at Homecoming game: (l to r) Jessica Chousa, Katherine (Kate) Chousa, Alicia (Savo) Moquin '12, Ella Moquin (toddler), Matthew Moquin '14, Eric England '09, Madison England (baby), Sarah (Dryden) England '12.

11. Wrapped presents for the Saint Anne Induction Ceremony for the Classes of 1958 and 1968.

12. Ashley Wong-Wynot '22 showing her school pride.

13. (l to r) Michelle (Brodeur) Meomartino '68, Susan (Donohue) Simitis '68, Elaine Marie San Soucie '68, Mary (Navaroli) Madden '68, Mary (Doyle) Williams '68, Joan (Wynne) Brunell '68, Leticia (Lunetta) Schiavitti '68, Christine (Oates) Lehané '68.



UPCOMING EVENTS

August 10, 2019 | Anna Maria at Fenway Park

August 17, 2019 | NH Alumni, Parents & Friends Reception

August 22, 2019 | Cape Cod Alumni, Parents & Friends Reception

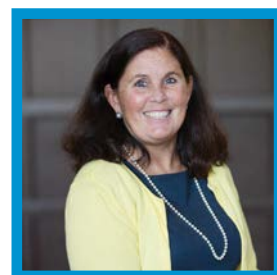
SAVE THE DATES!

First Celebration of Service and Success • Thursday, October 17, 2019
Open to all alumni and community members. See back cover for details.

2019 Homecoming/Reunion • Friday–Sunday, October 18–20, 2019

Mark your calendars now for a trip back to Paxton to reconnect with your classmates, faculty, and staff during our annual Homecoming/Reunion weekend. There will be tours of the campus, workshops and lectures, a barbecue, and class dinners for the 4's and 9's. President Retelle will provide a campus update and show off our newly renovated Dining Commons. And, of course, there'll be football! Cheer on Coach Mulrooney and his AMCATS as they take on Dean College.

ONCE AN
AMCAT,
ALWAYS AN
AMCAT!



Greetings from Sunset Lane in Paxton!

I'm delighted that you've received your issue of our annual *Alumni Magazine* — in it are remarkable stories about some of the people in your Anna Maria family, and I'm sure you'll enjoy reading them. There are many, many more inspiring tales, however, and not enough pages to do more than dip into them.

That's because every day, you and your fellow alums are out there doing Something Greater and fulfilling the Anna Maria mission to transform the world as ethical leaders and community-oriented professionals. Following the ideals of the Sisters of Saint Anne, you've answered the call to make your part of the world a better place.

To keep you in the know, throughout the year I'll be posting photos and other interesting, stimulating profiles on our social-media sites: Facebook, Instagram, Twitter, and, of course, our website. I encourage you to do the same. Telling your story and how the College influenced you is a wonderful way to stay involved with your former classmates — and your alma mater.

Let's meet at Homecoming/Reunion, where you can tell me your stories in person. We're planning a weekend that will bring back happy memories, create new ones, and remind you of your love for this very special place. I look forward to seeing you back on Sunset Lane.

Best,

Patty Shaffer

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FIRST CELEBRATION OF

Service AND Success

WITH PRESIDENT MARY LOU RETELLE

October 17, 2019 | 5:00-7:00 p.m.

Signature Cocktails and Hors d'oeuvres

AC Hotel by Marriott | 125 Front Street, Worcester, MA

HOSTED BY

John J. Spillane, Esq., Chair, Board of Trustees, Anna Maria College
Timothy P. Murray, Trustee, Anna Maria College

*President Mary Lou Retelle will share her vision for the College and the impact the College has had, and continues to have, in greater Worcester.
The first annual public-service awards will be announced.*

PLEASE RSVP BY OCTOBER 1, 2019, AT [ANNAMARIA.EDU/GALA](https://annamaria.edu/gala), OR CALL 508.849.3341