


Campus Ministry Weekly Update

January 3, 2022



"Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

John 8:12

"Only if people change will the world change; and in order to change, people need the light that comes from God, the light which so unexpectedly (on the night of Christmas) entered into our night."

- Pope Benedict XVI

Joyful Monday & Happy New Year!

How are your resolutions coming? While they have a place, hopefully you allowed the message of Christmas to inform what they are because perhaps it's not being the best, strongest or smartest but being humble that really changes us for the better...

That's why this week we picked a saint who struggled with poor health his whole life, couldn't keep a job, and was relegated to being a doorkeeper for 40 years. AND YET because of his humility he healed thousands of people through his prayers and bought land for a small chapel that later became the biggest Oratory in North America. So before you go making all these changes this year, spend some time meditating on the why and the who it is for. Because, if it is not for God and if He is not the one asking you to make these changes, chances are they won't last. Plus, He can do a lot more with our humility than He can with our grasping at self-improvement.

God Bless,
Campus Ministry

Tips for Growing in Humility

Taken from Aleteia

- Go about our business without unduly trying to draw other people's attention.
- *Give the best of ourselves for a cause that is greater than us, not for our ego.*
- Ask for help if we need it.
- *Not concern ourselves with what other people may think about us when we do good things.*
- Understand that each one of us has our own path, and not everyone has to follow ours.
- *Be thankful to God and to others for all we have received, especially when things turn out well.*
- *Recognize that we don't know everything and that we have a lot to learn from our superiors, our peers, and those below us in age or authority.*
- Before complaining, we should consider the good that can come of whatever has happened to us, whether it is good or bad.
- *Ask forgiveness from the people we have hurt or offended.*
- Maintain an attitude of openness and listening.
- *Not hide ourselves when we are aware that we have abilities that could improve the world.*

St. André Bessette

André Bessette was the eighth of 12 children born to a French Canadian couple near Montreal in 1845. By age 12 he became an orphan after both parents died. He tried many jobs throughout his early life; shoemaker, baker, blacksmith, even a factory worker in the United States, but he failed at all of them mostly due to his poor health. At 25, André applied for entrance into the Congregation of Holy Cross but was initially rejected due to his poor health and lack of education. Eventually he was admitted and given the humble job of doorkeeper at Notre Dame College in Montreal. Among his many duties, he greeted visitors and tended to their needs. Many people began to experience physical healings after praying with Brother André, and his reputation as a healer began to spread. His desire to increase devotion to St. Joseph inspired him to found a shrine to his favorite saint. He saved the money he earned from giving haircuts at five cents apiece, eventually earning the \$200 he needed to construct a simple structure. That small chapel now stands next to the enormous St. Joseph's Oratory on Mount Royal in Montreal.

The feast day of this humble saint is January 6th.

Saint André, pray for us!

Upcoming Events



ALTERNATIVE SPRING BREAK SERVICE TRIP

March 6th - 12th

Volunteer for a week with a local
Habitat for Humanity chapter!

- No experience required
- Weekly meetings leading up to the trip
- \$100 nonrefundable deposit
(assistance available if needed)
- Participate in two fundraisers
- All other expenses are covered
- Make new friends!

**PARITICPANT &
STUDENT LEADER
APPLICATIONS DUE:**

JANUARY 12TH

Contact Melissa LaNeve with any
questions at mlaneve@annamaria.edu

APPLICATIONS:

[Click here for the
Application for Participants](#)

[Click here for the
Application for Student Leaders](#)

**You must apply through both applications
if you want to be a student leader**