

Anna Maria College **Health Services**

50 Sunset Lane, Paxton, MA 01612 Phone: 508-849-3315 Fax: 508-849-3471 Email: healthservices@annamaria.edu

STUDENT HEALTH SERVICES **Health Care Resources**

ON-CAMPUS

Health & Counseling Services

508-849-3315 call ahead for an appointment

Monday - Friday, 8:30am - 4:30pm

www.annamaria.edu/campus-life/health-counseling/

Use for: routine medical care, urgent care, mental health

support

Public Safety 508-494-9010

911 for life-threatening emergencies

Available 24/7

www.annamaria.edu/campus-life/residence-life/healthsafety/

Use for: emergency response or for urgent medical or mental health concerns when Health Services is closed, after hours and on weekends

Resident Director On-Call

508-527-9123 cell phone

Available 24/7

TRANSPORTATION OPTIONS

Cab Companies

Red Cab 508-792-9999

Yellow Cab 508-754-3211 smartphone app available https://api.taxihail.com/WorcesterYellowCab/#

Ride Share Apps

Uber, Lyft

PHARMACIES

there is no pharmacy on campus

CVS

160 Reservoir St, Holden 508-829-7631 8am-10pm 638 Chandler St, Worcester 508-789-0221 7am-11pm 400 Park Ave, Worcester **508-792-3866** 24 hours. Drive-Thru

Target (CVS inside Target)

529 Lincoln St, Worcester **508-852-5790** Hours vary

Walgreens Pharmacy

5 Shewsbury St, Holden **508-829-6504** 9am-8pm 1145 Main St, Holden **508-829-1780** 8am-10pm Drive-Thru 320 Park Ave, Worcester **508-767-1732** 24 hours. Drive-Thru

Osco - In Shaw's Supermarket

14 W Boylston St, Worcester 508-852-5344 Hours vary

Stop & Shop Pharmacy

949 Grafton St, Worcester **508-791-2166** Hours vary

OFF-CAMPUS, AFTER HOURS, WEEKEND CARE

Your Primary Care Provider's Office

Call the office after hours. Most will have an answering service that can connect you with a nurse's line or covering provider.

Health Insurance Plan

Look on the back of your health insurance card. Many will provide a number to an after-hours nurse or provider line.

URGENT CARE CENTERS

Urgent Care of Holden - www.urgentcareofholden.com 5 Shrewsbury St Suite D, Holden 508-829-3800

Ready Med - www.readymed.org

366 Shrewsbury St., Worcester **508-595-2700** 241 North Main St., Leominster 508-595-2700 460 Southbridge St., Auburn 508-595-2700

Doctors Express Urgent Care

www.doctorsexpressworcester.com 117A Stafford St., Worcester 508-755-4010

CareWell Urgent Care - http://carewellurgentcare.com/ 500 Lincoln St., Worcester **774-420-2111**

CVS Minute Clinic (unable to do X-Rays)

http://www.minuteclinic.com/

44 West Boylston St. (Gold Star), Worcester 508-852-0238

HOSPITALS & EMERGENCY ROOMS

St. Vincent Hospital - 508-363-5000

123 Summer St, Worcester, MA 01608 ER available at this location

UMass Memorial Memorial Campus - 508-334-1000

119 Belmont St, Worcester, MA 01605 ER available at this location

UMass Memorial University Campus - 508-334-1000

55 Lake Ave, Worcester, MA 01655 ER available at this location

Emergency Mental Health Services available - 508-334-3562



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STUDENT HEALTH SERVICES About Health Services

Hours: M-F 8:30am – 4:30pm Web: <u>www.annamaria.edu/shs</u>

Our Clinic: The Student Health Services office provides routine, episodic, and urgent health care for students

Our Hours: Monday – Friday, 8:30am to 4:30pm when classes are in session. For after-hours or weekend care, students should contact their Primary Care Provider or access one of the off-campus medical care sites listed on the reverse. Public Safety staff is available 24/7 and can assist in emergencies.

Our Services are included in tuition. There are no office fees or co-pays for visits to Health Services or for point-of-care testing provided in clinic. You do not need to purchase the school health insurance plan to receive care at health services. However, you or your insurance may incur charges for additional medical services such as send-out lab tests, radiology tests, prescription medications, or ambulance transportation. Annual physical exams and immunizations are not available through Health Services. Students obtain those services through their Primary Care outside of school. Please call our office if you need help accessing these services.

Our Staff: Clinical services are provided by Massachusetts State Licensed and Nationally Board-Certified Nurse Practitioners who are able to evaluate and examine students, diagnose, order testing and prescribe medication.

Students can access clinic services easily, weekdays 8:30am to 4:30pm, by phone or email. Visits are by appointment, students need to call to schedule. We don't take walk-ins but can usually accommodate same-day and next-day appointments. The only exception to this policy is in the case of an emergency, where a student will be triaged.

Clinic services are confidential. Health Services maintains a policy of strict confidentiality for all services, conversations, and medical records. This information will only be released with the written consent of a student, 18 years or older, or as required by law. In keeping with federal law, no information is shared with anyone; staff, faculty, family, or friends. Information about care will only be given to someone with the student's specific written approval, except as required by law and in cases of danger to self or others.

Prescription Medications: There is no pharmacy on campus. Our nurse practitioners can write prescriptions, which students can pick up at a local pharmacy. Students who receive regular prescriptions via mail should do so when they are on campus.

Students should bring basic health care supplies with them to campus. It is a good idea to plan ahead for common illnesses and discomforts you may experience while living on campus. We recommend: thermometer, band-aids, acetaminophen (Tylenol), ibuprofen (Advil; Motrin), cold medicine, cough medicine, throat lozenges, chewable or liquid antacid, antibiotic ointment, reusable ice pack and hot water bottle.

Required Health Forms and Immunization Records are due July 31st (fall enrollment)/January 1st (spring enrollment). Detailed information about required forms can be found on our website: https://annamaria.edu/campus-life/health-counseling/medicat-required-forms/

Students need to enroll or waive the Student Health Insurance Plan. Health Insurance is handled through the Student Accounts Office. Please contact them with any questions regarding the student health insurance plan. Phone: 508-849-3425; online: https://annamaria.edu/campus-life/student-accounts-billing/